

THE ART OF LIVING A RIGHTEOUS LIFE

In the present times, a human being has got many arts, specialties, knowledge is reaching the peak in all walks of life, he/she is seeing their own continuous progress, he/she has reached milestones, but it is a pity that he/she is losing touch of living a righteous life or has forgotten the art of life. In the false glitter of science the glitter of life is getting dull. Day by day, real happiness is drying out, life is getting trapped in lots of problems where a human being is finding it hard to breath peacefully, one is finding it hard to survive in this huge cosmic earth. A human being finds it hard to understand the reality when he/she sees too many attractions around. But when a person is asked :-

Are you contented with your life and with others?

Do you have total peace and happiness in your life?

Are you free from tensions and stress?

Are you happy with your relationships?

Are you satisfied with worldly attainments?

Is your life full of treasures of happiness?

Do you feel you are a powerful person?

Are you independent or a slave?

95% of the answers will be of dissatisfaction and unhappiness.

So lets think, what is the importance of this pomp of science and material things when a human being is not experiencing themselves to be safe? What is the use of material comforts or a prosperous country and what is the use of new inventions when human being is not learning any lessons from them?

What is the use of subtle inventions of psychic science when mind is full of tensions? In spite of all dimensional progress why is human being losing all their mental powers? Is it not that a person is dreaming to acquire everything in spite of loosing everything? He/she is imagining settling in space but is forgetting how to walk on earth. There is continuous search for material progress but in reality humans are welcoming destruction.

A person's first desire is to attain progress, happiness and peace in life and to acquire these, one has to bring some transformations in their ways of thinking. In spite of acquiring all attainments, if a person is drifting away from the aim then something is really wrong somewhere.

E.g. if a person has to go from Delhi to Calcutta and on finishing the journey he/she realises that he/she has reached Bombay station then the person would definitely have to accept and agree that he/she has done some mistake, by mounting a wrong train but in present times all people are drifting away from their goal not knowing where the mistake lies.

When a person starts any new task he does it with good intentions and good desire but sometimes has to face failure. He never sees the face of prosperity in spite of working hard, he never gives sorrow to anyone but still is unhappy always, he never says harsh words to anyone but has to listen to harsh words from

others. He accumulates wealth in order to live a happy life, but happiness is disappearing, peace seems to be like a false belief. Where is the mistake?

This book will answer this question.....

"Life is the most valuable and when one wants to preserve it at any cost, why has it become a burden? Why is there bitterness in relationships? Why one feels loneliness? Sad and dark clouds of insecurity are increasing in a person's life. Why do thousands of people want to put an end to their precious life? Why is terrorism increasing? In this book, we will be paying attention to some main values, and on imbibing them you will bring lots of good hope to your life.

A human life is administered through the powers of the mind. Absence of these powers will open the doors of sorrows, peacelessness, and problems. A person does those tasks, which is not supposed to be done and cannot do the task which he/she wants to do.

How can we increase these powers of the mind? How can we bring about mental progress? These deep aspects are made easy to follow. Summing it up, we will say that along with increasing material comforts and instruments, if one introduces some morals and spirituality in life then a person will become free from peacelessness, unhappiness, and problems. One has to agree to this truth that life feels empty due to lack of some original values. These morals are very easy to imbibe and if one does imbibe them in life then material comforts will turn out to be a blessing-in-disguise. I have full faith that after reading this book the reader will definitely adopt a new way of thinking. He/she will realise the mistakes which have made their life a misery, and by overcoming them will be able to uplift themselves.

Thank you.

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