

Anger Kills the Conscience

The world has many billionaires as well as total beggars, but the one who has anger is kept first. A millionaire could be arrogant but a person with anger invites a lot of difficulties and obstacles in their life. A millionaire has a kind of royal personality and an angry person feels anger to be a special part of their personality. A millionaire has to decide whether they own the wealth or wealth owns them. In the same way, people with an angry nature should ask themselves, if they own anger or vice versa. Either way, anger is bad. It is said that where there is anger, all the treasures of peace, happiness, contentment are lost. Anger is such a devil that always has its eyes set on these treasures. So just think whether you love these treasures or the devil.

On seeing an angry father entering the house, the children run and hide, just as rats hide on seeing a cat. If an elderly person in the house has an angry nature, it destroys the peace and happiness of the family. The intellect of the children stops progressing and many peoples' lives sink into the darkness of sorrow and hopelessness. The price of anger has to be first paid by the angry people themselves. They should know that anger destroys the conscience. It is the greatest enemy of the intellect. Anger makes a person commit sins and throws them behind prison bars. It weakens the decision-making power, resulting in lots of problems in life. You might have heard that anger begins with senselessness and ends with repentance. Anger makes the intellect fade away and the person starts using foul words, burns in the fire of anger and when this fire stops, they repent. It is the greatest enemy that starts with sorrow and ends with sorrow, so naturally the middle portion has to be full of sorrow as well. Indulging in anger is a sin. Other's feelings are hurt too. Anger is the root of sin and the fruit of sin is always bad.

Even children are seen indulging in this vice. All children should know that the intellect gets destroyed through anger. So those who want to do well in their studies should sacrifice anger. Parents should pay attention to keep the household environment peaceful and not do anything, which will increase anger or agitation, otherwise, this may effect their future. Scientifically, everyone knows that anger leads to tension and tension in turn, leads to acidity or ulcers. This affects the digestive system and makes the brain weak. It can also lead to high blood pressure. So one should sacrifice this poison for their life.

Many people in authority say that we have to shout at our employees, otherwise the work is not done properly. But the question is, do they really work better after your shouting? Just think, can the fire of anger ever quench thirst by anger? Fill yourself with good feelings and love. This power will do wonders. The weapon of love is much more powerful than the weapon of anger.

Why does a human being fall prey to anger? The weak and sensitive mind is easily attacked by anger. Where there is arrogance, anger takes birth.

Many have made anger their nature. It is a chronic disease that will continue to make you weak. A strong person is one who knows how to control himself/herself. To be free from anger, free yourself from unnecessary desires. Remember, every person has his or her own capacities. They all cannot work according to our wishes. We should try to know the other person's nature, capacities and weaknesses, so that we can escape from this fire. Never say, "Why did he/she not do this work? Why did they say this? Why didn't they obey me?" This question of 'why', used in many fields of life, gives birth to anger. 'I want the work to be done in my way,' - please ease off on this thought. Just ask yourself, do I work according to other people's wishes. No one in this world can work up to everybody's standards. Knowing this fact, please do not limit your desires, then automatically, your anger will diminish. 'Patience' is a great virtue. Patience is the medicine for anger.

Just wait, stop your mind before reacting. If you have something to say, then please wait. Listen to the other person with patience, answer patiently. 'I don't want to get angry since anger makes one's personality dirty and corrupts the thoughts.' Make this pledge and repeat it every morning. Bring some good thoughts in your mind and anger will definitely finish.

Come, let us all have a fountain of love, happiness and peace in every house and make our lives worthy by bathing in this fountain. We have to sacrifice anger and then others will follow our example. We have to tell our children the importance of love. No matter how much work one has to do, it should be done without agitation or anger.