

## About the Brahma Kumaris

**F**rom a tiny spark that was lit in a small town of western India in the year 1937, to an enormous beam of light that is today voyaging the globe, the Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya has come a long way in its endeavor to restore divine peace and happiness to all humanity.

The institution today stands as an International organization spanning 85 nations with its 5000 branches, having the sole aim of empowering people to explore their positive inner resources and adopt a value based living. The Brahma Kumaris offer a range of courses in meditation, positive thinking, self-management, holistic health and living values, to individuals as well as to corporate social and educational institutions. Their philosophy and the main teachings are aimed towards developing a 'karma-yogi' lifestyle, where people embrace spirituality whilst living in their households and performing their professional duties.

As a worldwide family of individuals, the institution provides a caring and supportive environment, which encourages everyone to bring out the best in themselves. It's student's body comprises of lakhs of individuals and families, who come from diverse economic, social and cultural backgrounds. They also volunteer to contribute their free services and participate in the day-to-day running of the organization.

The organization, administered from its headquarters at Mount Abu, Rajasthan, is an active NGO, in general consultative status with Economic and Social Council of the United Nations and UNICEF. Although largely administered by women, it is an organization in which both men and women work harmoniously towards their shared vision for a better world. All the activities are based on developing a spiritual understanding and seeking solutions with a higher conscience, to enhance tolerance and cooperation amongst people from all walks of life.

With the understanding that its foundation takes roots from God's inspirations and teachings, the institution provides all courses and programmes free of charge, ensuring that their bebefits can be availed uniformly by all sections of the society.